

en écarté See *écarté* above.
en face To the front, facing the front.
en fondu Melted, sunken, bent.
enchaînement *Enchaîner* means 'to link' and *enchaînement* is when two or more steps are linked together and danced to music.
en l'air In the air.
en ouvert Open or to the open direction.

face (en) Facing the front.
fondu (en) Melted, ie sinking gently down into a bend on one leg.
frappé Beaten or struck.
fouetté Whipped.
fouetter To whip.
full pointe Standing on the top of the toes in shoes specially made to protect the feet.

galop A travelling step, done sideways or forwards or around the outside of the room.
glissade A gliding step which serves as a preparation or as a link for others.
glissé Sliding or gliding.
grand, grande Big, large.
grand battement A movement taken at the *barre* and later in the centre in which the leg is thrown from the hip joint high into the air.
grand plié A bending of the knees in a *plié* until the thighs are horizontal with the floor.

jeter To throw.

l'air (en) In the air.

oblique (line, of arabesque) A slanting line.
ouvert (en) Open.

pas A step.
pas de basque Step from the Basque region.
pas de bourrée Step of the *bourrée*, an eighteenth-century dance.
pas de chat Step of a cat.
passé Passed.
passer To pass.
petit Little, small.

petits jetés Small springs from one leg to the other.

pirouette A turn or spin on one leg.
pirouette en dedans A *pirouette* turning inwards.

pirouette en dehors A *pirouette* turning outwards.

pirouette position The position in which you turn.

plié A bending of the knees.

plier To bend.

pointe, demi To stand on half point, ie on the ball of your foot.

pointe, full To stand on the top of your toes in shoes specially made to protect your feet.

ports de bras Carriage of the arms. There are *ports de bras* exercises in all grades to help you learn to move your arms gracefully and expressively.

poser To step out in any direction.

relevé Lifted or raised up.

retiré Withdrawn. A movement in which you draw up your thigh in second position, knee bent, sliding the toes up the side of the supporting leg until they reach the hollow at the back of the knee.

révérence A curtsy or bow.

ronds de jambe Circular movements of the leg.

rotation Rotation, usually of the thigh.

sauté sprung.

sauter To spring.

seconde, à la To second position.

soubresaut A spring from two feet to two feet without a change, crossing one leg in front of the other in the air, so the back foot is hidden by the front one.

temps levé To spring in the air from one leg.

tendu Stretched.

terre (à) On the ground.

tour en l'air A spring in which you make one or more turns in the air before landing.